

# What to do if you can't install photovoltaic panels



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### [How to Obtain a Solar Permit for a Residential Home in](#)

Getting a solar permit in California isn't a walk in the park, but it's doable with the right preparation. Hire a pro, nail down your paperwork, and stay

### **Statin side effects: Weigh the benefits and risks**

The body needs cholesterol. But having too much cholesterol in the blood raises the risk of heart attacks and strokes. Statins block an enzyme the liver needs to make cholesterol. This



### **Exercise: How much do I need every day?**

You can do strength training by using weight machines or weights, your own body weight, heavy bags or resistance bands. You also can use resistance paddles in the water or do activities

### **Solar Permitting Guidebook 4th Edition**

In order to expand small-scale renewable energy across California, the Governor's Office of Planning and Research (OPR) was instructed to help remove barriers to its development. One





## [Osteopathic medicine: What kind of doctor is a D.O.?](#)

You know what M.D. means, but what does D.O. mean? What's different and what's alike between these two kinds of health care providers?

## [Automated external defibrillators: Do you need an AED?](#)

An automated external defibrillator (AED) is a portable device that can be used to treat a person whose heart has suddenly stopped working. This condition is called sudden cardiac arrest.



## [Weight training: Do's and don'ts of proper technique](#)

You might learn weight training techniques by watching friends or others in the gym, but sometimes what you see isn't safe. Weight training technique that isn't proper can lead to muscle

## **Do You Need a Permit to Install Solar Panels?**

This comprehensive guide will walk you through everything you need to know about solar panel permits in 2025, including when they're



## **Triglycerides: Why do they matter?**

Why do high triglycerides matter? High triglycerides may contribute to hardening of the arteries or thickening of the artery walls, called arteriosclerosis. This condition increases the risk of

## [Solar Panel Permitting in California, USA: Complete Guide 2026](#)

In this comprehensive guide, we'll break down everything you need to know about solar panel permitting in California for 2026, so you can get started on your solar journey with confidence.



## **How well do face masks protect against COVID-19?**

Face masks can help slow the spread of coronavirus disease 2019 (COVID-19). Learn about mask types, which masks to use and how to use them.

## **Arthritis pain: Do's and don'ts**

Arthritis is a leading cause of pain and limited mobility worldwide. There's plenty of advice on managing arthritis and similar conditions with exercise, medicines and stress management. But



## [Acute sinusitis: Do over-the-counter treatments help?](#)

Medicine you can get without a prescription may give some relief from acute sinusitis symptoms.

## **Cardiopulmonary resuscitation (CPR): First aid**

Cardiopulmonary resuscitation (CPR) is an emergency treatment that's done when someone's breathing or heartbeat has stopped. For example, when someone has sudden cardiac



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